



2020 North Lincoln County

RESOURCES QUICK REFERENCE SHEET

For more detailed information see our directory at: http://www.lcwy.org/community_resources/hrc/

UNWED/SINGLE MOTHERS		ELIGIBILITY
AZAR HOUSE 883-5522	Pregnancy resource center, parenting education, mentoring, STD testing, healthy relationship education and more. https://azarhousesv.org	NO COST
CHILD CARE SUBSIDY 886-9232	Program to assist in childcare costs. Must use qualifying childcare provider and be financially eligible. Applications are available at Department of Family Services. https://dfs.wyo.gov/services/family-services/child-care/	INCOME BASED
CLIMB WYOMING 733-4088	Training for low income single mothers for employment and help finding job placement. Also teaches life skills, parenting skills, and offers counseling and support if needed. https://www.climbwyoming.org	Free for low income single mothers
KID CARE CHIP 1-855-294-2127	Low cost health coverage for children & teens in Wyoming. Covers ER visits, well child exams, immunizations, prescriptions, mental health services, dental, vision, labs and x-ray services. Must qualify financially. May see Public Health or Jessica Winters at Star Valley Health (885-5882) for help with application. https://health.wyo.gov/healthcarefin/chip/	INCOME BASED
LDS FAMILY SERVICES (208)-529-5276	Counseling services, unwed birth parent services. All denominations welcome. www.providentliving.org/familyservices	COST
LINCOLN COUNTY PUBLIC HEALTH 885-9598	Pregnancy testing; HIV/AIDS and hepatitis education and screening; prenatal, postnatal, and infant care education; breastfeeding education and breast pump rentals; reduced cost vaccines and immunizations; assistance with applications for Medicaid. https://www.lcwy.org/departments/public_health/	Free or low cost
PARENTS AS TEACHERS 885-7129	Monthly home visits provide parenting support and education, child development education, learning activities, and connections to community resources. For parents with children birth to kindergarten age. https://parentsasteachers.org	FREE for Parents with kids birth to kindergarten
STAR VALLEY HEALTH 885-5800	Offers prenatal classes every quarter (4 times a year) teaching what to expect at delivery, pain and delivery options, feeding options and support, car seat safety etc. starvalleyhealth.org	NO COST
TURNING POINT 885-9491 (24 hr crisis line)	Crisis counseling and support for sexual assault, stalking, & family violence. Emergency shelter & transportation services. Nondiscriminatory against race, gender, or sexual orientation. https://turningpointlincolncounty.org	NO COST
WIC 885-9071	Provides healthy foods monthly for pregnant/breastfeeding mothers and children under age 5. Also provides nutrition education and breastfeeding support. https://health.wyo.gov/publichealth/wic/	INCOME BASED
WYOMING MEDICAID 1-855-294-2127	Assists with health care services for pregnant women, families. Based on income, resources, and healthcare needs. Apply online at www.wesystem.wyo.gov or See Public Health or Jessica Winters at Star Valley Health (885-5882) for help with an application. https://health.wyo.gov/healthcarefin/medicaid/	INCOME BASED

EMOTIONAL HELP		ELIGIBILITY
AA (ALCOHOLICS ANONYMOUS) 884-1100	Open discussions and support in overcoming alcohol addictions. http://www.starvalleyaa.org	NO COST
HIGH COUNTRY BEHAVIORAL HEALTH 885-9883	Individual, family, group, & couple counseling services; Emergency services; prevention, drug and alcohol/DUI classes. Will work with Medicaid, insurances and some Employee Assistance programs. https://www.hcbh.org	Costs per sliding scale;
LCSD#2 COUNSELORS 885-4020	For those enrolled in LCSD#2 grades K-12, counseling services are available at each school through trained counselors and psychologists. For short term needs impacting school environment and achievement.	NO COST
LDS FAMILY SERVICES (208)-529-5276	Counseling services. All denominations welcome. https://providentliving.churchofjesuschrist.org/lds-family-services	COST
STAR VALLEY VA CLINIC 886-5266	Helps to provide health care and mental health services for veterans. Visiting physician available. https://www.sheridan.va.gov/locations/afton.asp	Free for veterans
WYOMING QUIT TOBACCO PROGRAM 1-800-784-8669	Assistance and support to help individuals overcome addiction to tobacco. Will provide phone coaching to youth 12-17 without parental consent. https://www.quitwyo.org	NO COST

EMPLOYMENT/EDUCATION		ELIGIBILITY
CLIMB WYOMING 733-4088	<i>Training for low income single mothers for employment and help finding job placement. Also teaches life skills, parenting skills, and offers counseling and support if needed.</i> https://www.climbwyoming.org	Free for low income single mothers
EXPERIENCE WORKS (888) 278-9109	<i>Senior Community Service Employment Program (SCSEP) provides job training for low-income, unemployed individuals that are 55 years and older.</i> www.experienceworks.org	LOW INCOME AGE 55+
GEAR UP 880-5251	<i>Academic support, college preparation, and family services through WWCC for teens.</i>	FREE FOR GRADES 7-12
LINCOLN COUNTY SELF RELIANCE (LSR) 885-1577	<i>Adult day habilitation services, adult residential habilitation services, vocational-job coaching and job development services.</i> https://www.lsrservices.org	Physical and/or developmental disabilities; Medicaid waiver or private pay
WESTERN WYOMING COMMUNITY COLLEGE (WWCC) 886-9333	<i>English language services, Adult Basic Education, TABE testing, High School Equivalency Certification training (formerly GED). Help for US Citizen Test. Offices in Etna and Afton.</i> www.westernwyoming.edu	Some fees involved
WYOMING DEPARTMENT OF WORKFORCE SERVICES 886-9260	<i>Job services, resume help, Workforce Investment Act program, vocational rehabilitation, veterans' service and training, unemployment help, workforce development training grants.</i> http://www.wyomingworkforce.org	FREE for ages 14 on up

FAMILY/RELATIONSHIPS CONCERNS		ELIGIBILITY
AZAR HOUSE 883-5522	<i>Parenting education for parents with kids of all ages, healthy relationship education and more.</i> https://azarhousesv.org	NO COST
DEPARTMENT OF FAMILY SERVICES 886-9232	<i>Child protective services, juvenile probation services, adult protection services, youth and family services.</i> https://dfs.wyo.gov	NO COST
HIGH COUNTRY BEHAVIORAL HEALTH 885-9883	<i>Individual, family, group, & couple counseling services; emergency services; prevention, drug and alcohol/DUI classes. Will work with Medicaid, insurances and some Employee Assistance programs.</i> https://www.hcbh.org	Costs per sliding scale;
LCSD#2 LOVE AND LOGIC 885-7112	<i>Classes offered annually from the school district that teach parenting skills and strategies. Offers a free meal and free babysitting the nights of classes.</i> https://lcsd2.org/education-foundation/	NO COST
LDS FAMILY SERVICES (208)-529-5276	<i>Counseling services. All denominations welcome.</i> www.providentliving.org/familyservices	COST
LINCOLN COUNTY CRIME VICTIM/WITNESS PROGRAM 885-0164	<i>Help for witnesses/victims of crimes; help with court information and the judicial process; and assistance to receive compensation and/or resititution.</i>	NO COST
LINCOLN UINTA CHILD DEVELOPMENT ASSOCIATION (LUCDA) Afton 885-9286 Thayne 883-4116 Alpine 883-4116	<i>Provides early intervention services for children birth to 3 and preschool based services for children 3-5. Can assist with speech, physical, and occupational therapy for children.</i> https://www.lucda.org	FREE for qualifying children birth -5yrs
PARENTS AS TEACHERS 885-7129	<i>Monthly home visits provide parenting support and education, child development education, learning activities, and connections to community resources. For parents with children birth to kindergarten age.</i> https://parentsasteachers.org	FREE for Parents with kids birth to kindergarten
RAPID RESPONSE 307-672-0475	<i>Can provide assistance to those in a domestic abuse situation. Can help with moving costs to a new seting or replace items lost as a result of circumstance.</i> https://www.voanr.org/wyoming-rapid-response-fund	Eligibility Required
TURNING POINT 885-9491 (24 hr crisis line)	<i>Crisis counseling and support for sexual assault, stalking, & family violence. Emergency shelter & transportation services. Nondiscriminatory against race, gender, or sexual orientation.</i> https://turningpointlincolncounty.org	NO COST

ELDERLY		ELIGIBILITY
BEYOND HOME 885-2263	Assisted living. Limited residents. 24 hour supervision. https://www.facebook.com/BeyondHomeAssistedLiving/	COST
BURIAL PROGRAM - DFS (307) 777-7564	Assistance for burial/cremation expenses. Deceased must have been a Wyoming resident and eligible for Medicaid and does not have sufficient assets to provide for burial or cremation.	Based on financial eligibility and need
LEGACY HOMES 883-3800	Assisted living and adult day care. Limited residents. 24 hour supervision.	COST
NORTH LINCOLN IN-HOME SERVICES 885-2021	Medicaid waiver case management. To help place CNAs into homes for those who meet eligibility and who are at high risk for placement into a nursing home or assisted living facilities. Provides Personal Emergency Response Systems.	Eligible disabled adults and adults 60+
RAPID RESPONSE 307-672-0475	Can provide assistance for those needing home repair or modifications. Can help with medical needs such as dentures, hearing aids, and other. Can help with funeral expenses or travel expenses to attend a funeral. https://www.voanr.org/wyoming-rapid-response-fund	Eligibility Required
SALT RIVER SENIOR CENTER 885-3780	Group meals and home delivered meals, activities, local transportation, medical equipment loan closet (no cost); Trips to Idaho Falls and Jackson, in-home services. For those 60+. http://www.saltrivercenter.com	\$4 suggested donation for meals; age 60+
THAYNE SENIOR CENTER 883-2678	Lunch meals M-F from 12pm-1pm for age 60+; Home delivered meals M-F (freezer meals available for weekends); Medical equipment loan closet (no cost); Transportation assistance. http://www.thaynesenior.com	Small fees or suggested donation amount; ages 60+

HOMELESS RESOURCES		ELIGIBILITY
AFTON FOOD PANTRY 887-FOOD (3663)	Food for those in need. Located at 710 Washington St. in Afton. Thursdays 5-6pm. Do have blankets and a hygiene kit for those who are homeless. https://www.aftonfoodpantry.com	NO COST
ALPINE FOOD BANK (307) 203-8504	Food for those in need. Located in the Donn Wooden Alpine Civic Center. Open Tues 9-10am and Thurs 6-7pm	NO COST
THAYNE FOOD BANK 880-FOOD (880-3663)	Food for those in need. Located in the Thayne Community Center. Fridays 10am-2pm. http://www.thayne-wy.com/thayne-community-food-bank	NO COST
NOWCAP (307)-347-6185	Grants for those in the state of Wyoming who need financial assistance for various reasons (ie. home emergencies, medical bills, help paying rent or mortgage one month). Must go through application process and is based on need and income eligibility. Can only apply once a year. See Lincoln County Public Health for application or call number listed. http://www.nowcap.com	Based on financial eligibility and need
RAPID RESPONSE 307-672-0475	Emergency funds through Volunteers of America-Northern Rockies. Can provide assistance for loss of home due to a natural disaster. Can help families facing homelessness with rent assistance, and rent and deposit assistance for those moving to more affordable housing. https://www.voanr.org/wyoming-rapid-response-fund	Eligibility Required
LCSD#2 HOMELESS LIASON Amanda McAdams 885-7130	Services/assistance to students in LCSD#2 who are homeless under the qualification of the McKinney Vento definition for homelessness. (ie. usually items such as school supplies, clothing, personal necessities)	Eligibility Required

VETERANS/MILITARY		ELIGIBILITY
FAMILY ASSISTANCE SPECIALIST 307-286-9993	Located in the National Guard Readiness center, helps provide assistance to military members, veterans, and their families to find resources they may be in need of, whether through government grants and benefits or through private sources.	Active military members, veterans, and their families
DISABLED AMERICAN VETERANS (DAV) 884-8341	Provides transportation for medical appointments for veterans. Provides a shuttle from Afton Clinic to Salt Lake City VA Center.	BE A VETERAN WITH MEDICAL NEEDS
STAR VALLEY VA CLINIC 886-5266	Helps to provide health care and mental health services for veterans. Visiting physician available. https://www.sheridan.va.gov/locations/afton.asp	Veterans
VFW POST 4797 880-1128	Veterans trips to veterans hospital in veterans van.	Cost - Veterans

FINANCIAL CONCERN		ELIGIBILITY
AFTON FOOD PANTRY 887-FOOD (3663)	Food for those in need. Located at 710 Washington St. in Afton. Thursdays 5-6pm. https://www.aftonfoodpantry.com	NO COST
ALPINE FOOD BANK (307) 203-8504	Food for those in need. Located in the Donn Wooden Alpine Civic Center. Open Tues 9-10am and Thurs 6-7pm	NO COST
THAYNE FOOD BANK 880-FOOD (880-3663)	Food for those in need. Located in the Thayne Community Center. Fridays 11am-1pm	NO COST
FOOD BANK OF THE ROCKIES 880-3663	Mobile food pantry that will be stationed at the Thayne Food Bank. Call Julie Buckley at 880-3663 for more information. https://wyomingfoodbank.org	
USDA COMMODITY FOODS (307) 885-3780	Food for those in need. Truck comes 3rd Friday at 1pm to the Salt River Senior Center in Afton & Thayne Food Bank. (Schedule is subject to change; contact for date & time.)	NO COST
BURIAL PROGRAM - DFS (307) 777-7564	Assistance for burial/cremation expenses. Deceased must have been a Wyoming resident and eligible for Medicaid and does not have sufficient assets to provide for burial or cremation.	Based on financial eligibility and need
LCSD#2 FRIDAY FOOD BAG 887-3353	Bags of food available for those children who would otherwise not have enough to eat over the weekend. Based on need only; at the discretion of the school principals.	Based on financial eligibility and need
KID CARE CHIP 1-855-294-2127	Low cost health coverage for children & teens in Wyoming. Covers ER visits, well child exams, immunizations, prescriptions, mental health services, dental, vision, labs and xray services. Must qualify financially. Can see Public Health or Jessica Winters at Star Valley Health (885-5882) for help with application. https://health.wyo.gov/healthcarefin/chip/	INCOME BASED
LCSD#2 FREE/REDUCED MEALS 885-7162	Provides free or reduced breakfast and lunches to children in financially qualifying families who are enrolled in grades K-12 in LSCD#2. <u>2020-2021 School Year Free - ALL students eligible for free lunch.</u> http://www.schoolnutritionandfitness.com/index.php?sid=2203112038378528	Free or Low Cost
LINCOLN COUNTY PUBLIC HEALTH 885-9598	Reduced cost vaccines and immunizations. Assistance with applications for Medicaid and other health programs. https://www.lcwy.org/departments/public_health/	Free or lost cost
LIEAP (LOW INCOME ENERGY ASSISTANCE PROGRAM) 1-800-246-4221	An energy assistance program through the State of Wyoming. One must apply and qualify. Applications can be picked up at Department of Family Services or at Lower Valley Energy. https://www.lieapwyo.org	Based on financial eligibility and need
LVE OPERATION ROUND UP 885-3175	Lower Valley Energy assistance with past due energy bills. Must go through application process and is based on need and eligibility. https://www.lvenenergy.com/my-account/operation-round-up/	Based on financial eligibility and need
LDS SELF-RELIANCE COURSES Todd Bateman 371-7830	Available for Church members and interested non-LDS individuals. There are courses available about managing personal finances, building your own business, gaining more job skills etc. The classes are religious based and require commitment. https://www.churchofjesuschrist.org/self-reliance	NO COST
NOWCAP (307)-347-6185	Grants for those in the state of Wyoming who need financial assistance for various reasons (ie. home emergencies, medical bills, help paying rent or mortgage one month). Must go through application process and is based on need and income eligibility. Can only apply once a year. See Lincoln County Public Health for application or call number listed. www.nowcap.com	Based on financial eligibility and need
POWER (307)-886-9232	POWER (Personal Opportunities With Employment Responsibilites) is a time-limited pay-after-performance family assistance program for families with dependent children who are working to become self-sufficient through employment, child support and other resources. https://dfs.wyo.gov/assistance-programs/cash-assistance/power-work-program/	Based on financial eligibility and need
AMERICAN REDCROSS 800-733-2767	Provides a small amount of monetary assistance for those who experience a house fire or other emergency disaster. Can also provide non-monetary support afterwards and during recovery such as counseling or help replacing important documents. www.redcross.org	Contact for eligibility
SNAP (Supplemental Nutrition Assistance Program) (307) 886-9232 or (307) 777-6313	Formerly known as the food stamp program, SNAP helps provide food assistance to low income families. Can pick up applications at the Department of Family Services. https://dfs.wyo.gov/assistance-programs/food-assistance/supplemental-nutrition-assistance-program-snap/	INCOME BASED
SALT RIVER COMMUNITY FOUNDATION 307-690-1116 or SaltRiverCF@gmail.com	Local non-profit group whose mission is to help local families in the lower valley in their time of crisis. Helps sponsor holiday toy drives, benefits, fundraisers etc.	Based on need

STAR VALLEY SAMARITANS starvalleysamaritans@gmail.com	Local non-profit group whose mission is to help local families in their time of crisis. Helps sponsor holiday toy drives, benefits, fundraisers etc.	Based on need
SUMMER FOOD AND FUN WIC 885-9071 LCSD#2 885-7162	Summer Food Service Program. Provides lunch to kids 0-18 during the first half of the summer. Contact LCSD#2 or WIC for more information	NO COST
TELEPHONE ASSISTANCE - LIFELINE SUPPORT	Program to assist families in maintaining a phone, whether landline, cable or cell. Must be enrolled in SNAP, LIEAP, Medicaid or other social service program. www.lifelinesupport.org	Based on financial eligibility and need
UW EXTENSION OFFICE 885-3132	Cent\$ible Nutrition program, Home Assist (First-time mortgage qualifying course), bankruptcy education, family finance education, canning classes. https://wyoextension.org/lincolncounty/	CONTACT FOR COST AND ELIGIBILITY DEPENDENT ON PROGRAM
WIC 885-9071	Provides healthy foods monthly for pregnant/breastfeeding mothers and children under age 5. Also provides nutrition education and breastfeeding support. https://health.wyo.gov/publichealth/wic/	INCOME BASED

MEDICAL		ELIGIBILITY
SYMBII HOME CARE & HOSPICE 885-7583	In home care, skilled nursing; physical, occupational, and speech therapies; diabetes management; full-service hospice and palliative care. https://symbiihealth.com/contact-us-afton/	Coverd by insurance
DISABLED AMERICAN VETERANS (DAV) 884-8341	Provides transportation for medical appointments for veterans. Provides a shuttle from Afton Clinic to Salt Lake City VA Center.	BE A VETERAN WITH MEDICAL NEEDS
KID CARE CHIP 1-855-294-2127	Low cost health coverage for children & teens in Wyoming. Covers ER visits, well child exams, immunizations, prescriptions, mental health services, dental, vision, labs and xray services. Must qualify financially. See Public Health or Jessica Winters at Star Valley Health (885-5882) for help with application. https://health.wyo.gov/healthcarefin/apply/	INCOME BASED
LINCOLN COUNTY PUBLIC HEALTH 885-9598	Reduced cost vaccines and immunizations; diabetes education; pregnancy and postnatal support, breastfeeding assistance; Aids/HIV testing; assistance with applications for Medicaid and other health programs. https://www.lcwy.org/departments/public_health/	Free or lost cost
LINCOLN COUNTY SELF RELIANCE (LSR) 885-1577	Adult day habilitation services, adult residential habilitation services, vocational-job coaching, and job development services. https://www.lsrservices.org	Physical and/or developmental disabilities; Medicaid waiver or private pay
NORTH LINCOLN IN-HOME SERVICES 885-2021	Medicaid waiver case management. To help place CNAs into homes for those who meet eligibility who are at high risk for placement into a nursing home or assisted living facilities. Provides Personal Emergency Response Systems.	Eligible disabled adults and adults 60+
PREMIER HOME HEALTH 883-5500	Home health services.	COST
QUALITY CASE MANAGEMENT 886-5234	Assistance with the disability and Medicaid waiver.	NO COST
RAPID RESPONSE 307-672-0475	Can provide medical assistance for those who are elderly, disabled, or have disadvantaged health. Can help with emergency, minor medical, or dental expenses. https://www.voanr.org/wyoming-rapid-response-fund	Eligibility Required
STAR VALLEY MEDICAL SUPPLY 885-0005	Durable medical equipment, oxygen CPAP, and first aid supplies.	COST
STAR VALLEY VA CLINIC 886-5266	Helps to provide health care and mental health services for veterans. Visiting physician available. https://www.sheridan.va.gov/locations/afton.asp	Veterans
THAYNE SENIOR CENTER 883-2678	Medical equipment loan closet (no cost) and transportation assistance to doctors appointments. http://www.thaynesenior.com	Small fees or suggested donation amount; ages 60+
VFW POST 4797 880-1128	Veterans trips to veterans hospital in veterans van.	Cost - Veterans
WYOMING INDEPENDENT LIVING SERVICES (307) 266-6956 or 800-735-8322	Assists individuals with disabilities to find ways to live independently. ProjectOUT assists with transitioning or diverting from a nursing home. Consumer Directed Care program helps with the Medicaid Long Term Care Home and Community Based Services Waiver for individuals to find the help needed to live at home. Rural Transportation Voucher program helps reimburses transportation services. Independent Living Loan Closet has medical equipment loaned out on a short term basis. https://www.wilr.org	Eligibility requirements based on program

WYOMING MEDICAID 1-855-294-2127	<i>Assists with health care services for children, pregnant women, families with children, elderly, or disabled. Based on income, resources, and healthcare needs. Apply online at www.wesystem.wyo.gov or See Public Health or Jessica Winters at Star Valley Health (885-5882) for application help. https://health.wyo.gov/healthcarefin/apply/</i>	INCOME BASED
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